

RETURN TO "The Key Editor" 735 Windwood Drive Walnut, Ca 91789

May 2020

ADDRESS CORRECTION REQUESTED Timely Mail, "RUSH"



MAY 2020

No meetings scheduled until further notice

SGVD President . . . Rita Aleman ... 909-284-2384 ... meritamom@msn.com

Hello Members,

As I write this last Message to you, as District President, I can't help but think about the second line, from the bottom, in "The Collect" written by Mary Stewart. "And may we strive to touch and to know the great, common human heart of us all."

I feel that I have come to know so many of you. So many of you have become friends and Sisters in Federation. We have been through a lot over the past two years but I never thought it would come to an end like this. I was looking forward to Convention and I was especially looking forward to all the awards. I am grateful for the

moments we did have together. I am so glad that WE jumped in to take group pictures of the San Gabriel Valley District when we had the chance. We participated in wearing special theme colors and I can honestly say, those were the best of times. We tried out new things and some worked and those that didn't, hopefully, won't be repeated. We addressed many issues and we came together with "Open Hearts" and walked away feeling a "Renewed Spirit".

We have been told by CFWC that dues are due. They realize that these are difficult times for those of you that don't have money coming in. Clubs are asked to get creative and look for ways to collect dues and to possibly set up a payment promise, once you are back on your feet. We have some time to collect dues, so please send your club the dues needed and/or let your club know that you are interested in paying.

Club Presidents will be receiving their voting packets, from CFWC, on May 5th, so be on the look -out. I would like you to know that I am here for you. On June 1, 2020, Rosette Clippenger, along with the new Executive Committee, will begin their terms.

So excited for them and so excited for all. We will get through this and let us remember to be kind. Thank you!

SGVD 1st Vice President...Rosette Clippinger...909-525-8828

Happy Spring everyone.

I know that this month seems off to an odd start, but we should always be trying to look at the bright outcome.. Usually we would have had our convention, but sometimes these unexpected situations come up, and I only hope that each of you have been able to remain safe and healthy during this time.

In my last two years serving as your 1st Vice President, I have enjoyed working with each and every one of you. I give my very special thanks to our Chairmen who did such outstanding work throughout the term.

Congratulations to all the clubs who worked so hard this past year on all of our wonderful projects. I would also like to congratulate all of our clubs for doing such a terrific job writing their report narratives. KUDOS to everyone!!!

Life is a continuous learning experience. Throughout our lives we keep rising and falling, picking up important lessons along the way.

Some of these lessons come from experience, yet there are others that we learn watching others or reading in books. No matter how much we know, we simply cannot learn until we face certain situations in our life.

I feel very privileged to have served you all, and look forward to continue serving you as your incoming elect president.

Please stay safe, stay positive and stay hopeful. Life is not about how you survive the storm, it's about how you dance in the rain. Lots of love!!!!!!

SGVD 2nd Vice President ... Terry Perkins...909-89-7710

Ways To Stay Positive During The Coronavirus Pandemic from William Arruda

When the news is all doom and gloom—as it has been since the outbreak of the coronavirus— it's hard for even the most optimistic among us to stay positive. It's true that we need to take this virus seriously. It's easy to stay focused on those calamities: they seem to be the only topics covered on local and national news. But those thoughts would be counterproductive. Obviously, there are things you need to know about the coronavirus

outbreak to protect yourself and those around you, but you do not need to become a COVID-19 expert, nor do you need to hear about every unpleasant detail from dawn until bedtime. Instead, focus on the positive so that you have the energy and resolve needed to weather this storm.

• Limit your intake. Choose a single news source and decide how much limited time you'll spend with it each day. Then stick to your plan.

• Look to the past. Get hope from your past resilience. You have likely endured other unforeseen major life disrupters like 9/11, major hurricanes, or the financial meltdown of 2008. You made it through! And you are stronger because of it. Know that you will get through this. Remind yourself of your resilience on a regular basis.

•Watch a funny video. Thanks to the huge popularity of YouTube, there are thousands of videos that can help you take your mind off current events, if only for three minutes at a time

•Send gifts in the mail or in an email. It may not be wise to drop in on your loved ones with some freshbaked goodies, so send them a card or gift in the mail or email. Unexpected treats can be a huge pickme-up-in times of stress. This is especially valuable to the elderly who are living in nursing homes.

•Take advantage of found time. This time can give you an opportunity to focus on some things you've had no time for. It's liberating.

•Practice random acts of kindness. Comment on a colleague's LinkedIn post. Send a snail-mail OR email note of appreciation to a friend or colleague.

•Take a daily inventory. Close your day, every day, with a positive acknowledgement of something you accomplished, learned or are grateful for. It will help dilute some of the negativity you've absorbed and remind you that not everything that's happening right now is bad or depressing.

In times of constant negative messaging, you need an antidote so that you can keep your positive attitude and march forward with determination and hope. Be deliberate in activities that are positive, heartwarming, stress reducing and laughter inducing! Together, we'll get through this

A Couple of uplifting videos:

Video 1

Video 2

Video 3

Thank you for electing me to serve you as SGVD Recording Secretary the next two years. I look forward to meeting and greeting you in person in September.

SGVD 3rd VP/Convention ... Linda Koontz ... 909-593-3906

I can't believe this is my last message as your Third Vice President in charge of Convention! I am sorry that due to the Corona Virus, we were unable to celebrate all our hard work, to thank our outgoing Executive Committee, Executive Board and to extend all the best to our incoming Executive Committee and Executive Board. However, I am sure something special will be planned and everyone will get their due recognition they so deserve.

At this time, I would like to congratulate Abbey Howell, your newly elected Third Vice President, who I know will work hard in the planning of our conventions.

Again, what can I say to my wonderful Convention Committee who worked so very hard to make everyone happy.

In closing.... remember we will all come out of this together and return to what we all do best.....serving our communities and making a better place for those in need. Reach out to your friends in club, just to say Hi and remind them to be safe. Miss all of you and can't wait until I can get those special hugs I always look forward to.

Incoming First VP/Dean of Chairmen: Linda Koontz

With time on my hands, I figure it is never too early to get ready for the year ahead. As your First Vice President/Dean of Chairmen and as mentioned in my April Key message, I look forward to working with all our Chairmen and First Vice Presidents. I feel a good line of communication is vital to the continued success of our Clubs and District. I want you to know I am here for you and please do not hesitate to call me, email me or stop me at a meeting (when we get back to those), to always answer any questions you may have.

May you and your family continue to be safe and I look forward to seeing all of you very soon!

SGVD Treasurer....Cheryl Linnborn... (951) 790-6441

Dues are due! Please send in FIVE copies to: Cheryl Linnborn 1735 Coolcrest Ave,Upland, Ca. 91784

SGVD Recording Secretary....Abbey Howell... (909) 348-3779

Recording Secretary - Dear San Gabriel Valley District Members, praying that these days of self isolation come to pass. Even though we're surrounded by so much sadness, stress, physical and mental issues and death followed by just the everyday occurrences of life. We still have so very much to be thankful for, whether or not it's the receiving of a simple phone call, text, social media post or an email just to say "Hello" hope you're doing well now that's the type of moral support needed. When all is done, I envision a large gathering of celebration of blessings, helping hands, companionship, visions and goals to continue fundraising, and recognizing those who contributed to our communities of volunteering.

Take the time needed to prepare your Procedure Books to hand-off to the next candidate for 2020-2022 Officers and Chairmen. This is a time like no other, see you all soon. Love, prayers and safety first.

Incoming 3rd Vice President-Convention Chair - I am thankful and grateful to represent the San Gabriel Valley District for this position and to chair the upcoming 2021 - Convention. I am looking forward to the time of renewed relationships and moving forward. Thank you for honoring me with your vote of trust.

SGVD Corresponding Secretary....Marianne Jennings... (818) 398-7323

As our clubs find creative ways moving forward and handling club business, let us remember our priorities. We need to nurture our members. If your club has a phone tree committee, this is an excellent time to get them busy calling your members. If your club doesn't have a phone tree committee it would be easy to create one. Teamwork always makes the job a little smaller. Ask for volunteers, divide your roster and ask these volunteers to call their listed members every two weeks or so. You can imagine how much this would mean to all those members that are not getting out except for marketing possibly. If you do this, please be sure to give

your phone committee my name, email address and telephone number in addition to asking your corresponding secretary to send out cards also.

And, in the meantime, please let me know if you become aware that any of your members need a hug with a fold in the middle (a card). We all need a card from time to time.

Have faith. Hang in there. Things fall apart so things can fall together. Each day shall become an opportunity. Make this into more than just an ordinary day.

Sisters in Federation!

SGVD Parliamentarian . . . Mary Jo Kolakoski ... 626-444-571

God is great, God is good. Through his intercession we are being supported by the many communities offering free food. Thank him for his great love and blessings for us all. Thank him for protecting our first responders, our caregivers, our friends, and our families. Pray that, in His mercy, the afflicted will soon recover.

Uplifting Messages from SGVD CLUB PRESIDENTS



Diane Tobar, President, - Diamond Bar Woman's Club "In this troubled time, wishing you the peace of a calm heart."

Mavis Hansen, President-The Woman's Club of South Pasadena "I wish it need not have happened in my time" said Frodo. "So do I", said Gandalf, "and so do all who live to see such times. But that is not for them to decide. All we have to decide is what to do with the time that is given us." J.R.R. Tolkien, The Fellowship of the Ring

Carol Nixt, President - Hacienda Heights Woman's Club. "Try to be a rainbow in someone else's cloud". Maya Angelou

Terry Perkins, President, Walnut Valley Women's Club "Happiness can be found even in the darkest of times, if one only remembers to turn on the light." Harry Potter and the Prisoner of Azkaban

"You may not control all the events that happen to you, but you can decide not to be reduced by them." Maya Angelou

> We're all in this together! Even if we can't hold hands right now.

Misty Iwatsu, President, Highland Park WC

Carol Handley, President, Sierra Madre Women's Club

"Happiness can be found even in the darkest of times, if one only remembers to turn on the light." I found these words helpful during these difficult times From a Dear Abbey Column written by Carmella Laspada, founder of No Greater Love, Inc.

Cruz Baca, President, Baldwin Park Woman's Club

Hello! Members,

Hoping everyone is well and staying safe, which is most important. Who would have guessed that we would have new phrases such as..."Safer at Home", "Social Distancing". How many of us have started to suffer from "Cabin Fever"? I want to thank member's that are going the extra mile to help not only their families, but their communities as well, making masks and volunteering...we have amazing Member's in our organization. I want to take this time to share a photo and thank Baldwin Park Woman's Club member. Anna Apolinario, for

doing just that and going out of her way to take member Jill Lawson to appointments, as well as, being there for others in our community. Awesome to see how we are looking out for each other!! Want to wish all to be safe and healthy. Look forward to seeing everyone soon. We will get through this! Prayers.



Marianne Jennings, President-La Cresenta Women's Club

The La Crescenta Woman's Club has successfully conducted our April Board and Business meetings through emails. It even included voting on our Slate of Officers. We even have our 2nd Vice President bringing us closer to doing Zoom meetings. It can't get more exciting than this.

Every obstacle is a stepping stone to our success. Accept the challenges so that you may feel the exhilaration of victory.



ADVOCATES FOR CHILDREN ... Esthela Torres de Siegrist ...626-442-0354

"Keep Learning-a Lifelong Commitment"

Dear Ladies,

During this Covid-19 Crisis, my family's prayers go out to each one of you wonderful ladies, for your family, and for your friends. Keep safe and practice social distancing (tough to do, but doable and necessary for all of us to practice doing!)

As you know, all California's public schools, community colleges, and universities are closed. This scenario obviously has a major impact on all students and their families. I myself am now teaching my two Spanish Classes at PCC by remote: using Zoom.—A challenge for all!

Accordingly, I wish to offer up some free/online educational resources that can help keep learning going. First of all, there's the khan academy.org (in English) and aprende.org (in Spanish) with educational material for learners from pre-Kindergarten up to and including the university. Lessons include all levels of Math by grade level, Algebra, Geometry, Science, Economics and Finance, Computing, Test Preparation, Talks and Interview, College careers and more. Both are available on your laptop, home computer, and even on your smart phone/i-phone as an app. It's free.

Secondly, for the little ones who wish to explore and experience a foreign language, online there is on you tube FOR FREE "Pororo, the Little Penguin." His myriad adorable cartoons—all with a life lesson'—are presented in multiple languages: English, Korean, Spanish, Mandarin, Thai, etc. These are truly enjoyable even for us adults. Also on YouTube in Spanish, you can find the 'Cri Cri" videos—Spanish songs that have been enjoyed for generations. These appear with the lyrics. "İVale la pena! It's worth it!"

Thirdly, for those of you who wish to learn a foreign language or refresh your knowledge of one, you can download for free a host of foreign language materials from my husband's alma mater, the DLIWC (The U.S. Defense Language Institute, West Coast.) Just google or safari DLI and voilá you will find the language you seek. You then download it.

Fourthly, I recommend you check out the free online college courses offered by Hillsdale College. These include courses on the Constitution, U.S. History, Shakespeare, Winston Churchill, Athens and Sparta, etc. Truly worth a look!

Finally, for junior high, high school, college students, and us adults of all ages, there is the outstanding public informational resource: CSPAN. As a non-partisan resource, CSPAN.org is free on cable, on the internet and even as an app for your phone. There are three channels of CSPAN. CSPAN ONE presents live sessions of the House of Representatives, while CSPAN Two presents the Senate live. Both also present public affairs: meetings, book fairs, interviews of authors, etc. CSPAN three presents historical documentaries and interview of all kinds.

In short, there's a lot out there to keep our students and us learning. Explore and enjoy!

CONSERVATION......Gina Morales ...626-271-7384

Hello all!

Have you taken a moment to look around you? You've probably noticed how clear the skies are and just how much of nature you can actually hear! I so enjoy listening to birds sing in the morning and staring at the stars at night. Both bring me comfort and peace.

Conservation is a world project that requires all of our efforts. "Stay at Home" order will eventually end and some will take to old ways. Everyday is an opportunity to change some of our habits. Have you thought about what you can do to continue to save our planet?

Just a few ideas to practice at home:

- 1. Recycle
- 2. Collect rain water
- 3. Turn scraps into compost
- 4. Use fluorescent bulbs
- 5. Carpool. Use public transportation

While reading reports I noticed two clubs carpool to District meetings. What an awesome idea. You get more members to attend District meetings while cutting down on car emissions, that's a total WIN! Perhaps, when we return to our monthly meetings, we can all try this. Imagine what the turnout could be, not only at District meetings but how about to our club general meetings too.

On a personal note, know that I miss you all and look forward to being able to embrace my Federation family. I keep you in thought and prayer always,

DOMESTIC VIOLENCE......*Mavis Hansen* ...626-441-6231

Our world has turned upside down and everyone has been affected by the virus in our midst. For some, a death of family or friend has been the hardest thing to cope with. Many are confined to our homes, so strange for most of us used to being up and about. Our gratitude and appreciation to many who unselfishly and very bravely, become caretakers for those in need.



This is a time to help others as much as possible. We can't all be the doctors and nurses doing fant even a small thing, like a phone call to someone alone can make a big difference in their day. In my last two Key reports and my March 13, 2020 district report, I asked all the clubs to consider helping women in domestic violence shelters or facilities by planning a club project for Mother's Day. Now that it seems likely that many clubs will not be meeting before Mother's Day, I would like to ask the Domestic Violence Awareness and Prevention Chairman, the President or an appointed club member to contact a nearby shelter or facility and find out how your club can help during these difficult times for everyone.

God grant me the Serenity to accept the things I cannot change...

The Courage to change the things I can... and the Wisdom to know the difference.

INTERNATIONAL OUTREACH......Tina Ly.....626-234-7754

As we were unable to wrap up the club year at Convention together, I would like thank every member in the District for your kindness and generosity in adopting community service programs within the International Outreach category.



The box below highlights how clubs in the San Gabriel Valley District really stepped up their commitment to becoming **better world citizens.** I was so proud to read your reports documenting the impact you made in the lives of community members throughout the world.

December 2018	December 2019
• 7 clubs	• 11 clubs
• 32 projects	• 42 projects
• 711 hours volunteered	• 1,085 hours volunteered
• \$1,170 cash donations	• \$3,461 cash donations
• \$3,760 in-kind donations	• \$17,689 in-kind donations

The 2019 data above includes strong participation from our clubs in the Soles 4 Souls/Nike "Reuse a Shoe" Project, one of GFWC's 7 Grand Initiatives. Our District donated 215 of the 1,085 hours and a whopping 1,536 pairs of shoes to this worthwhile cause.

As we continue through these extraordinary times, the pandemic not only requires us to isolate ourselves physically from one another, it also reminds us that we are more closely connected with the global community than we might have thought. Our well-being depends on the well-being of others. In the spirit of International Outreach in the midst of a pandemic, let us give our deepest heartfelt thanks to front line workers around the world, both medical and non-medical. Until we see each other in person again, I share with you this brief video showing how we each continue to have something to give to make a global impact - even by simply staying home: https://youtu.be/7AEDJmWbppM

LEADERSHIP CHAIRMAN.... Toby Kahan909-720-3532

On April 3rd a dear Federation Friend passed away, Paulette Meadows. We became very dear friends for more than 40 years ago through our membership in Federation. I installed her as California Juniors State President and again as CFWC President in 2004. She installed me as CFWC President in 2016 and served as Amenities & Protocol Chairman. I would like to share below one of her messages to the CFWC Board during my Presidency as we remember this special lady and her love for this organization.

Why do women volunteer? What makes a woman, a mother, a professional and homemaker donate her precious time. It's the California Federation of Women's Clubs - joining hands, working in unison, being innovative, bringing ideas to the pursuit of a common goal- Our communities are a better place to live. With this experience comes knowledge which we share every day. We have shared great sadness and joyful successes. We have seen smiles on our children, reading our donated books and our seniors who we cared for.

Through my years of federation - I've learned that California Federation of Women's Clubs members are:

- ♦ Compassionate
- ♦ Kind
- ♦ Giving
- ♦ Hugh Hearts
- Support one another
- ♦ Encourage
- Pride

I've learned –

Baggage - Leave it outside

Attitude is everything It's ok to change Give yourself permission to say no

I've learned -

That my pet peeves are still my pet peeves We are an assembly, not an audience The Extended head table is not a sub head table

I've learned -

Share experiences - Share ideas We have always done it that way Shout it from the mountain top - who we are and what we do

I've learned -

We need to take better care of ourselves

We need new members - new blood – then give them a chance

Try new things - open new doors - relax - face new challenges - jump over obstacles

I've learned –

Remember to always laugh and have fun and when it is time - wrap it up!

WOMEN'S HISTORY/RESOURCE CENTER...Diane Sexton....626-316-004

The Original Women's Movement The Fight for Women's Equality

What was the spark that ignited the fire within women to fight for women's equality?

History takes us back to the year 1840 at the World Anti-Slavery Conference in London where two women, **Lucretia Mott** and **Elizabeth Cady Stanton** met for the first time.

Both women, along with their husbands, were progressives and heavily involved in the anti-slavery movement. Despite being chosen as delegates, they were denied a seat at the convention. The women were allowed to watch and listen from the spectator gallery but could not participate. History tells us that Lucretia began to see that women were, in a way, almost as subjugated as slaves. Elizabeth Stanton wrote, "*My experience at the World's Antislavery Convention, all I had read of the legal status of women,*



and the oppression I saw everywhere, together swept across my soul, intensified now by many personal experiences."

It was there at the London Conference that they formed the friendship that led them to organizing the first Women's Annual Rights Convention -- The Seneca Falls Convention. Thus, began the *original women's movement*! The rugged road to equal rights for women had been paved and became well-traveled.

But what do we really know about the personal lives of Lucretia Mott and Elizabeth Cady Stanton? We are clearly aware of their undying dedication to ending slavery and gaining equality for women. That dedication never ceased throughout their long lives. (Both women lived to be 87 years old.) They had exceptional

communication skills, were great speakers and had the ability to produce compelling written documents. We also know they enjoyed exceptional marriages with progressive and supportive husbands, raised children, and were active in their respective endeavors.

Their accomplishments for societal, political and moral improvements were stupendous. Let's now look a little closer look at these women as individuals.

Lucretia Mott 1793-1880

Raised as a Quaker, she was used to being treated more or less equally to men, because the religion fostered a sense of education in all its members. When she was a teenager, she was sent to a co-educational school and by the time she was fifteen, she was working as one of their assistant teachers. There, she would soon meet her future husband, James Mott whom she married in 1811. James was an unusual husband for his time because he encouraged his wife's activities outside the home. She began to speak at Quaker meetings in 1818 and within three years, she became an official minister of the religion.

During her life, she was constantly criticized for behaving in unacceptable ways for a woman but it did not deter her from following her heart. Prior to meeting Elizabeth Cady Stanton in London, she was one of the founders of the Philadelphia Female Anti-Slavery Society in 1833. Her devotion to women's rights did not deter her from fighting for an end to slavery. In 1837, she helped organize the first Anti-Slavery Convention of American Women in New York City. She traveled from the East to the Midwest and back again, attending meetings and speaking where she was needed. She was well known for her speeches against all types of social injustice. As an anti-slavery advocate, Lucretia worked closely with other such advocates, including Frederick Douglass and Lucy Stone. She even assisted escaping slaves along the Underground Railroad, housing them in her own home. She was dedicated to all forms of human freedom and argued as ardently for women's rights as for black rights, including suffrage, education, and economic aid.

In 1849, Lucretia Mott wrote "Discourse On Woman" and delivered the lecture at the Assembly Building. (This was eight years prior to meeting Elizabeth Cady Stanton in London.) Her lecture was in response to one by an unidentified lecturer criticizing the demand for equal rights for women. She makes a very gentle appeal here for women's enfranchisement, placing emphasis instead on the injustices done to women in marriage. A transcript can be found at http://www.loc.gov/resource/rbnawsa.n2748.

She gave birth to six children, one of whom died at barely two years old. The five surviving children became active in the anti-slavery and other reform movements, following their parents' path.

Lucretia Mott was twenty-two years older than Elizabeth Cady Stanton when they met in London. They shared an outrage that women were refused full participation in the anti-slavery convention and other business meetings. As their relationship grew they shared a sense that women needed independence to develop their powers more fully. It is no wonder that she became Elizabeth Cady Stanton's mentor which lasted 32 extraordinary years.

Elizabeth Cady Stanton 1815-1902

Elizabeth was also a well-educated woman who lived a life of privilege as her father was a noted lawyer, state congressman and judge and a <u>slave owner</u>. She gained an informal legal education by discussing issues and ideas with him and listening in on his conversations with colleagues and guests. The exposure ignited a fire within her to remedy laws unjust to women. When Elizabeth graduated from Johnstown Academy at age 16, women couldn't enroll in college, so she proceeded to Troy Female Seminary instead. There she experienced preaching of hellfire and damnation to such a degree that she had a breakdown. The experience left her with a negative view of <u>organized</u> religion that followed her for the rest of her life.

She married abolitionist lecturer Henry Stanton in 1840 and became active in the anti-slavery movement. When she married Henry, she broke with longstanding tradition, she insisted the word "obey" be dropped from her wedding vows.

The couple honeymooned in London and attended a World's Anti-Slavery convention as U. S. delegates. Here, she met abolitionist, Lucretia Mott, who like her, was angry about the exclusion of women at the convention proceedings. Although she remained committed to those efforts at gaining property rights for married women and ending slavery, the women's suffrage movement increasingly became her top priority. Unlike many of those involved in the women's rights movement, Elizabeth focused on women's parental and custody rights, property rights, employment and income rights, divorce, the economic health of the family and birth control. She was also an outspoken supporter of the 19th-century temperance movement.

After the Civil War, her commitment to female suffrage caused a schism in the women's rights movement when she, together with Susan B. Anthony, declined to support passage of the Fourteenth and Fifteenth Amendments to the Constitution. She opposed giving added legal protection and voting rights to African American men while women, black and white, were denied those same rights. Her position on this issue, together with her thoughts on *organized* Christianity and women's issues beyond voting rights, led to the formation of two separate women's rights organizations. Twenty years after her break from the original women's suffrage movement, these two organizations were rejoined with Stanton as president of the joint organization.

Elizabeth Cady Stanton was a prolific writer and wrote several books, including "Solitude of Self" and "The Woman's Bible" which are still available for purchase. She penned numerous speeches of her own and for others who sought her help. The Declaration of Sentiments, the opening document and speech at the First Women's Conference (The Seneca Falls Convention), was primarily written and delivered by Elizabeth. Her mentor, Lucretia Mott played an instrumental role in the writing of this important document. Later in her life, at the age of 52, Elizabeth wrote a speech regarding 'the destructive male' and delivered the powerful speech in 1868 at the Woman's Suffrage Convention in Washington, D.C. This document can be found at www.wikipedia.org/wiki/Elizabeth_Cady_Stanton.

Lucretia Mott and Elizabeth Cady Stanton maintained a close friendship and working relationship from the day they met in London until Lucretia's death. Neither woman lived to caste their own vote. To these women and many others, we owe a profound gratitude.

Select Quotes from Lucretia Mott

- "The law has made the man and wife one person, and that one person is the husband!
- "If our principles are right, why should we be cowards?"
- "I long for the day my sisters will rise and occupy the sphere to which they are called by their high nature and destiny."
- "Any great change must expect opposition because it shakes the very foundation of privilege."
- "We too often bind ourselves by authorities rather than by truth."

A Few Tidbits about Elizabeth Cady Stanton

- She drafted the first version of the 19th Amendment in 1878.
- A WWII battleship was named after her.
- Her house in Seneca Falls was declared a National Historical Monument.
- During the Civil War, she was an active abolitionist.
- She spoke of Women's Rights before Congress giving a famous speech called, "The Solitude Self."

• She worked on a militant newspaper with Susan B. Anthony called the "Revolution."

Look for more about Susan B. Anthony, her relationship with Elizabeth Cady Stanton and their joined efforts to achieve equal rights for women.

SGVD WEBSITE ... Terry Perkins ~Webmaster ... perkinstlee@gmail.com

Remember—The KEY is now available on the website. You can download your copy there. Please visit our website and check to make sure your club information is correct. https://sangabrielvalleydistrict.org/

Click on MORE and scroll down to KEY, click an open the current month.

If you have a website and/or Facebook page please let me know the addresses to add to the website. Thank You.

***For those who want to receive the KEY via US mail next year, please snail mail me the names and checks (\$6).Terry Perkins 735 Windwood Drive Walnut, Ca 91789

CLUB ANNOUNCEMENTS

Pio Pico Woman's Club

Our last Pio Pico Woman's Meeting was in March 2020, seating on the right front table sat Ms. Rebecca Robledo she was member since 1971, 49 years. She was President 1997-1998 and was Parliamentarian from 2014-2018. She was outspoken and most of the members who knew her could easily talk to her. She will be missed greatly.

I spoke to the Board members on a telephone conference call and called random members at times. We are missing our meetings most of us are in the high risk category – age group so we are following our family and friends demands by standing at home. We are hoping that we will continue with the Pio Pico's activities sooner than later.

Pasadena Women's Club

In 2020 we celebrated our 108th anniversary!!!

This year has been a challenging learning experience for all of us.

However, we have persevered!

Under the Guidance of our District President Rita and her Executive Board Members, our Parliamentarian and Past President Mary, along with the gracious time and talents provided our own Board of Directors and Club Members-- I have to say that we have accomplished so much!!!

We meet on the 4th Wednesday of the month, September through May, at the Historic Edmund Blinn House, which is also the Home of the Pasadena Women's City Club. We have our meetings followed by lovely Luncheons and Musical Entertainment. We have been fortunate enough to hear speakers from all walks of life. The Students of Pasadena City College and Pasadena Schools provide much of the musical talent for our entertainment and are the 1st of our main priorities. We provide Scholarships for PCC Music and Nursing students annually and participate in their Awards, ceremonies and presentations whenever possible. We hold annual Art, Photography and Creative Writing Contests, ribbons, gift cards, certificate awards and displays for Elementary Students and Club Members.

We have also made it a priority for the Pasadena Woman's Club to support and donate to non-profit community organizations such as The Salvation Army and Walter Hoving Home for Women & Children. Recently we provided an entire Science Library and 80 Dr. Seuss Books for the Students at Madison School. We continue collecting Canned and Dry Goods for the Pasadena Senior Center Emergency Food Bank.

All of these activities have Helped Us Help Each Other Continuing as Your Faithful Club President, I look forward to many more Community Projects while Building our Friendships for Future Generations of Women



INSPIRATION





HUMOR





Paid Ads



Completely staffed by volunteers Proceeds from our shop benefit local charities