

### JUNE

### "The KEY"

San Gabriel Valley District
Proud member of California Federation of Women's
Clubs

and General Federation of Women's Clubs Mailing Address: 1142 South Diamond Bar Blvd. #861, Diamond Bar, Ca 91765 sgvd.org cfwc.org/gfwc/org

# Building our success as Federated Sister's Through Strength, Diversity and Joy!



**District Calendar** 

#### **JUNE 2023**

- •Monday, June 5--SGVD Executive Committee Meeting, Double Tree Pomona CA, 10 a.m.
- •Friday, June 9--SGVD Board Meeting, Covina Woman's Club, 128 S. San Jose, Covina, CA 9:30 a.m.
- •Monday, June 19--SGVD DVAC Meeting, Covina Woman's Club, 128 S. San Jose, Covina, CA at Noon
- •Tuesday, June 20-- SGVD Past District Presidents Affiliate Group, location TBD, 11:30 a.m.
- •June 9-13--GFWC Convention, Louisville Marriott Downtown, Louisville, Kentucky GFWC Annual Western States Region Conference (WSR) TBD in Oregon

Special Note: For US Mail Subscriptions Sept. 2023 – Jun. 2024, names, addresses and checks need to be mailed to KEY Editor this month. Thank you in advance!!!

<u>Presidents receive an email copy and are asked to share with their members.</u> The District calendar, events and ideas for activities are in every copy of the KEY. Club events are noted in the KEY through the ads. The KEY helps all members stay in touch with San Gabriel Valley District.



**#1:** CFWC President Barbara Briley-Beard made an announcement charting a new GFWC-CFWC District at the 120th Annual Convention. The New District will be #19 known as the Foothill District. Standing before the attending members at CFWC Convention Session held on Friday –May 17, 2023 evening were the Trustees of the Charter; Toby Kahan, Pat Borchard, Rita Aleman, Pat Huffman, Linda Koontz, Tammy Miller and Luanne Arredondo. San Gabriel Valley District Executive Committee and Membership would like to extend our best wishes for a successful journey to our Sister's in Federation. Abbey Howell

### **Members Have Choices**

Every two years the San Gabriel Valley District (SGVD) conduct an election. The incoming officers have the grand opportunity at this time to make changes that include; new people, a new time, new goals and new projects. The fun in this is now you can change all the processes. Every member has the right and privilege to be elected to serve as a District officer. Make your vote count.

Patsy Wilson

### **Information in Case You're Asked to Change Districts**

### **Knowledge is Power**

As Abbey shared in her article, the California Federation of Women's Clubs (CFWC) created a new District and named it the Foothill District #19. There are rules established in the CFWC Bylaws that define how new Districts can be formed. Article X, Areas and Districts states: Section 10.2 Section B: New District. Any group of clubs desiring to form a new District or to combine with another District may formulate a plan and present it to the CFWC Executive Board.

- 1. A proposal to form a new district must **first be discussed with the District or Districts' Executive Committee(s)** to offer assistance with the formation of a new district.
- 2. Each Club must transfer from the District in which membership is held. Such transfer must be by a two-thirds (2/3) vote at a regular meeting of the Club provided written notice has been sent each member thirty days before the vote is taken.
- 3. A copy of the proposed bylaws, budget and application with the names of the Clubs, Officers, and Members must be sent to the Area Vice-president who will present the document packet to the CFWC President, First Vice-president, Second Vice-President, Director of Finance, and Parliamentarian to review and action. The CFWC Second Vice President shall present any recommended application to the Executive Board for vote and it will become effective when approved.
- 4. Bylaws of a new District may not be in conflict with GFWC and CFWC Bylaws.

Since Clubs/District Bylaws cannot be in conflict with CFWC Bylaws, should your Club want to become a part of a new District, the Club would need to notify the SGVD of their intent and a move would require a 2/3 vote of approval by Club members. This process is meant to ensure members and only members have the power to determine the fate of a Club.

The same process and procedures are required should any representative of a new District or CFWC propose to move a Club from the SGVD. The CFWC Bylaws clearly highlight and

protect the right of Club members and no branch of the Federation be it District, State or International is more powerful than the will of the Club members.

Claudia Maidenberg, Parliamentarian

- #2. San Gabriel Valley District Club Membership Renewal process will be closed as of May 31, 2023. We now have 25-Clubs within the District currently renewed their dues with full membership through the correct process. All (3) of the Affiliate Groups have also renewed. Change is never easy. Thank you, Lupe Diaz, 2nd Vice President/Membership Chair.
- #3. Newly Appointed SGVD District Chairpersons 2023-2024
  †Communications & Public Relations Denise Jackman
  †Civic Engagement & Outreach Grace Rodriguez
  †Education & Libraries (Academic) Raphael Plunkett
  †Arts & Culture (Creative Writing) Pam Robinson
  †Women's History and Resource Center Patsy Wilson
  †Fundraising Co-Chairs: Floretta Sheppard, Tina La Carra



### **Executive Board Messages**

President's Message
Abbey Howell...(909) 348-3779...abbshowell@yahoo.com

Happy June Federated Sister's,

I am very much looking forward to this summer and some quality family time. Please take the time that you will need for yourself and family during this break. I attended the GFWC-California Federation of Women's Clubs 120<sup>th</sup> Annual Convention held at the Doubletree by Hilton, Santa Ana, CA. The Convention theme was a "CHILD at Heart" San Gabriel Valley District donated a gift basket filled with reading material, puzzles, games and just fun things for small children. It was wonderful to see so many attendees from our District in attendance. There was 5-First Timers to a State Convention in attendance. I trust this was a learning event, for our members that offered a take-away of experiences throughout the time spent at CFWC Convention.

We were well represented at the State level. Alice Slaughter remained in position to represent us on the State Nominating Committee and Kim Plater, resigned this year. Moving forward Lupe Diaz will represent us on the State Election Committee 2024. San Gabriel Valley District Area B will be in very good hands, should we have a candidate interested in moving forward. Big congratulations to all Clubs and Members in our District that earned awards for submitted projects at the State level and being recognized. I will be traveling to the 2023 GFWC Annual Convention held in Louisville Kentucky June 8 – June 13<sup>th</sup> I cannot wait to attend the workshops and meet many of International Sister's in Federation. See you in September, enjoy the summer! Thank you – Joy & Transparency



### 1<sup>st</sup> Vice President Message Terry Perkins...H-(909) 895-7710...perkinstlee@gmail.com

The San Gabriel Valley District is one of (put number) of large Districts in the California Federation of Women's Clubs. The District submitted reports in all areas. Our hard word and determination was recognized with the following awards in the following categories: Fundraising, Legislation and Public Policy. and Women's History and Resource Center. There are no first, second, third place designations at the state level, just a recognition certificate.

Everyone is to be congratulated for their contributions to our success!!!!!

Report Awards received at CFWC Convention:
Large District Fundraising and Public Policy, Legislation and Public Policy,
Women's History and Resource Center
Club Awards received at CFWC Convention:

**Intermediate Clubs: Diamond Bar-Communications and Public Relations** 

It's June and we're all ready for a summer break, just like when we were in school. Take this summer to rejuvenate and refresh yourself. Cherish this summer season, drink in the warm sunshine and swim in the sea, the pool or lake. Be a child again and play. Go on new adventures, engage in new and loved activities, close or far, and just be plain happy!

This way we'll be ready for a new year of activity, comradery, friendships and fun... working always to help others. "If you see someone falling behind, walk beside them. If you see someone being ignored, find a way to include them. If someone has been knocked down, lift them up. Always remind people of their worth. One small act could mean the world to them." tinybudda.com

Even though we aren't officially in session, I'm still here and ready to be of service. Just call or email if you need something, have a question, or just want to say "Hi!".







### 2<sup>nd</sup> Vice President Message Guadalupe Diaz...lupe6diaz@gmail.com.562-706-5586

Thank you SGVD Clubs, every club has turned in the Data Forms.

Membership is everyone's responsibility. Together we turn the "me" of being an individual into the "we" of being part of our Federation and the strength that comes with being in a large organization. The three most important words to keep in mind for membership are Recruitment, Retention and Recognition. Treating every member with dignity and respect models the core values of Federation and helps to members to be committed to our cause.

Membership is so important that both the CFWC and the GFWC are providing recognition to members and Clubs to support recruitment efforts. Anyone who has recruited five new members is entitled to a special CFWC pin. The GFWC is providing a \$50 reimbursement to offset the cost of membership drives.

### 3<sup>rd</sup> Vice President Message Gina Morales...emwc.ginamorales@gmail.com...626-371-4055



#### Hello members!

If you did not attend the last District meeting, DoubleTree by Hilton Pomona has been voted on as our Convention venue for 2024. You and the committee have shared your ideas and suggestions and now we are all making improvements to give each of us a better convention experience. This is a process but with support, all things are possible.

We are all anxious and equally excited to start working on 2024. Are you?

Here are some items to consider:

- How many delegates does your Club have? Does your Club assist them financially? "Dollars for Delegates" is a great way to fundraise.
- How many members will be attending? Suggest saving up on a monthly basis, this can help ease the stress of increasing costs.
  - •If possible create your club basket theme and start gathering items early on.

I am optimistic to see our numbers of attendees rise. "The spirit of joy prevails where the spirit of camaraderie exists".

Wishing you all a wonderful break filled with rest, relaxation and a renewed spirit to pick up exactly where we leave off!

"Live in the sunshine, swim the sea, drink the wild air." Ralph Waldo Emerson



### Corresponding Secretary Message Patsy Wilson...pwilson11@verizon.net...909-393-6434

Plagiarism: 'Webster's New World Student Writing Handbook'

Plagiarism is the act of stealing ideas or words from another and passing them off as your own.

A quick way to avoid plagiarism is to use source documentation.

Suggested ways to write using others' ideas: place quotation marks around any words that are not your own; cite your source; paraphrase. (rewrite in our own words); create a précis.

- •Quotation marks 'not my own'
- •Cite your source using a parenthetical note, bibliography or endnote
- •Paraphrase the same idea using different words. You may change the number of syllables in the new word from shorter to longer ir the reverse. When reporting technical information, you should paraphrase.
- •PRECIS a précis is a precise summary of an article, brochure or other useful information. When you need to use or explain a concise definition of a rule, instructions, how to do something, recipe, etc. a précis may be written in order to remain consistent. If you want to use a specific sentence or a phrase, the writer should place that sentence in quotation marks. When you omit words within the quotation marks use the ellipses points.

The quickest way to avoid plagiarism is to place quotation marks around any words that are not your own.

Also, a writer should always check for copyright and intellectual property restrictions. However, there are articles that are a part of the Creative Commons (Public Domain) that allow you to use that information without the fear of plagiarism.

Sorenson, Susan Webster New World Student Writing Handbook

Prentice Hall 1988

### SGVD Committee Chairmen Messages

### ARTS & CULTURE

Creative Writing ... Laura Schano...<u>lks423@att.net...626-309-1550</u>

Received Award Certificates
California Federation of Women's Club Convention
May 20,2023.

Poetry: "I Pray for My Brother" by Alyssa Mireles, Covina Unified District, Covina

Prose: "Winter" by Matthew Christine, St Andrew School, Pasadena



Member of GFWC, California Federation of Women's Clubs

### **CLUB MEMBER CREATIVE WRITING CONTEST 2022/23**

PROSE:

Luz Palamiano Porlier 1st place: The Mousetrap Prose: Inspirational Duarte 2nd place: Music to My Ears Donna J. Clayton Covina Prose: Inspirational 1st place: 1984 OR 2022? Esthela Torres de Siegrist El Monte Prose: Essay 2nd place: COVID vs. Cooking Marilyn Marie Cruz Diamond Bar Prose: Essay 1st place: The Christmas Boxes Pat Huffman GFWC Federated East Valley Prose: Memoir 2<sup>nd</sup> place: How I Became a Military Mom Marilyn Marie Cruz Diamond Bar Prose: Memoir 1st place: Her Name was Rosemary Marilyn Marie Cruz Diamond Bar Prose: Short Story

POETRY:

1st place: "The Bench of Life" Grace H. Rodriguez Pio Pico Poetry: Inspirational 2<sup>nd</sup> place: "Women, We Certainly Are" Esthela Torres de Siegrist El Monte Poetry: Inspirational Poetry: Whimsical 1st place: "Trees" Kathryn Collier Covina 1st place: "The Reason We Meet" Barbara Armstrong Diamond Bar Poetry: Limerick

\*This list includes all submissions for 2022/23 \*

Thank you to all who participated! Laura Schano Creative Writing



### SAN GABRIEL VALLEY DISTRICT

Member of GFWC, California Federation of Women's Clubs

### STUDENT CREATIVE WRITING CONTEST 2022/23

PROSE: Category 2: Grade 4

1st place: Winter Matthew Christine St Andrew Pasadena 2nd place: My Wild Adventure Nicholas Mendoza St. Andrew Pasadena 3rd place: Blue Darryl Lawrence St. Andrew Pasadena Pablo Diaz St. Andrew Pasadena Honorable Mention: A Longer Winter

Additional Participants:

A Very Cool Season Nicolas Bravo St. Andrew Pasadena My Favorite Season Gabriel Reza St. Andrew Pasadena Celebrating Winter Elias Estrada St. Andrew Pasadena A Cool Winter Lucas Rivera St. Andrew Pasadena My Favorite Season (2) Michael Ionata St. Andrew Pasadena The Best Season Ever Landon Miesner St. Andrew Pasadena

POETRY: Category 4: Grade 12

1<sup>st</sup> place: *"I Pray for My Brother"* Alyssa Mireles Covina Unified Covina

2<sup>nd</sup> place: Champagne Cigars Mikayla McKenzie Glendora HS **GFWC Federated East Valley** 

Thank you to all who participated! Laura Schano Creative Writing

### Leadership & LEADS Bonnie Duenas...rblmb@msn.com626-827-4273

Hello Club Members

Quote from Melinda Gates on Leadership

."I tell my daughters to have their voice in this world, and it became clear I needed to role-model that." -Melinda Gates

Wishing Everyone a Nice Warm Summer (not too Hot)

Remember Everyone is a Leader.

# Women's History & Resource Center Patsy Wilson...pwilson11@verizon.net...909-393-6434 Kim Plater....kimplater@aol.com.....909-620-7235

It has been a pleasure serving as your Co-Chair along with Patsy Wilson for SGVD WHRC (Women's History and Resource Center). Unfortunately, I can no longer continue this position; however, I will be helping Patsy through her term. Patsy will continue to support the projects we started last year.

My Story: Sometimes I think we lose track of why we joined our woman's club. I will continue accepting your story, sharing it with our District and your Club. Send me an email (<a href="mailto:kimplater@aol.com">kimplater@aol.com</a>) or a note to Kim Plater 10 Comanche Circle, Pomona, Ca. 91766. I will include these stories in the WHRC District Newsletter and occasionally the Key. I will also share them with your President so 30 years from now someone will find a treasure trove of stories from your club, buried on a back shelf in a cupboard. How fun.

- 1. Why did you join your Club (name) and why do you come to District Meetings and/or read the Key?
- 2. What year did you join?
- 3. How did you find out about your club, did someone tell you about it, if so who?
- 4. What does it mean to you to belong to a club?
- 5. Are there any funny stories, touching moments, exciting projects, that you remember?
- 6. How has Covid affected you at Club and at home?

Remember club members in the 1910's we're going through a lot of things we are facing today (pandemic and flu outbreaks, wars, financial woes, political differences etc.) And most of these women were not allowed to VOTE and enjoy equal rights (which has still not passed as an amendment). Start writing yourself back into history and let's continue the fight for equal rights.

Anyone who sends the District a story will receive a history related gift. Several members have already picked up their gifts. It is first come, first serve. Patsy will have the gifts at District Meetings. I think you will find them interesting, useful, decorative, and so much more!

The other project is sharing women's history with a school, teacher, librarian etc. Seven clubs have already signed up for this. It is FREE, and you can devote as much time to it as your club decides. You will hear more about this at another time. If possible I will try and be at the June Meeting so stop by the WHRC table and see the books.

### My Story: Kim Plater

In 1979 I joined the Covina Police Department and their first female officer, after spending approximately five years at Baldwin Park Police Department and four years with State University Police at Bakersfield. This was an era where community policing was becoming popular. Covina Chief Mike O'Day asked if I would be willing to join the Covina Woman's Club and start a "Volunteer In Police" program where I would recruit club members to work at the police department. Future CWC President Sylvia Morasch invited me to join in 1982 and VIP was started a few months later. Our CWC members worked in the Detective Bureau, Jail, and Records. In the jail, former member Kathleen Levin was "in charge of counseling students" and their parents. Patrol Officers were assigned to detain any student and bring them to jail if it was determined they were truant. Police could do that during the 1980's. Former Typing Teacher Kathleen was perfect for the position. She really gave the students "a what for" and the parents appreciated it. Needless to say, daytime burglaries decreased during those years. Even though I was a uniformed police officer, I worked the "day shift" and could attend CWC meetings on duty. I would sit in the back of the room (filled to capacity) and enjoy the meeting and lunch. If I received a call from dispatch I would have to take the call and then go back to the meeting.

I did not know anything about the club until the Police Department enabled me to join them with their full support. Over the years VIP has grown and members continue to volunteer. I have been a volunteer since I was 5 years old (Brownies). I fell in love with the Club and have been volunteering there for 41 years.

I love Covina Woman Club!!! I attend District, State, and International events when I can, and I always read the <u>Key</u>. Those of you who write for the <u>Key</u> and Terry do an excellent job keeping us informed.

The one incident I remember vividly happened at the February Valentine's Meeting. That was when the husbands were invited to attend. The room was set up in a "50"s theme. I was dressed in my high school cheerleading uniform (red and white – very appropriate for Valentines Day). This was a fund raiser also and we had a "Kissing Booth". Kisses were \$1.00. Sylvia was in the booth with me. We kissed on the cheek, and all was going fine until one man grabbed me and forcibly kissed me on the mouth. Everyone was looking at him because he was a very powerful man in the City. I only wished I had been in uniform with my nightstick. Unfortunately, this was not the only encounter with him. That is another story – remember sexual harassment was not a crime yet.

When Covid struck things changed dramatically in my life at home and with the Club. Many events were canceled, meetings were via Zoom, and I virtually stayed at home. I wore a mask (and still do) because of my age. As of 2022 I began a new life as a health care provider for my husband. I ventured out of the house to attend the GFWC State Convention in 2022. I wore a mask and social distanced. I had all the shots and was in good health. There were over 200 members attending and only a handful wore masks. I was one of several members that got Covid. I gave Covid to my husband. He had been diagnosed with Parkinson's for several years

but did not have any major symptoms. After Covid he went directly into the advanced stages of Parkinson's, and I have cared for him ever since June 2022. Apparently some patients with Parkinson's and Covid have quickly declined in health.

As you can see, my ability to actively volunteer has been tremendous. I do have time to contribute from home, but it is very difficult to be at meetings and events. I am adjusting to this new life, but I miss my friends and the community. My husband served in Vietnam and was a victim of Agent Orange. Parkinson's is one of the side effects of Agent Orange. I am so proud to serve him now.

### Birthdays Care & Concern ... Mavis Hansen...

newmavis07@outlook.com... 626-441-6231



JUNE BIRTHDAYS Gemini: June 1-21 Cancer: June 22-30

GEMINI are very social. They enjoy adventure, excitement and change. Gemini are not rebellious, but do not like authority and would rather assert their own personality. With a lively intellect they possess quick thinking and notice details. Gemini's symbol is the Twin.

CANCER personalities are very private, often unusual and set apart from others. They have deep, emotional friendships which are of the utmost importance and enjoy a quiet evening alone with special friends they feel comfortable with. Cancer's symbol is the Crab.

FLOWERS for those born in June are the beautiful Rose and also Honeysuckle, both lovely to smell and that signify Love, romance, gratitude and appreciation.

JUNE GEMSTONE is the Pearl, smooth and creamy, Moonstone, pale blue and cream and Alexandrite, with deep colors of purple, turquoise and amber.

SPECIAL DAYS in June are: Flag Day on June 14<sup>th</sup>, Father's Day on June 18<sup>th</sup> and the first day of Summer is on June 21<sup>st</sup>.

CELEBRITIES WITH June Birthdays are: Queen Victoria, John Wayne, Anne Frank, Marilyn Monroe, Judy Garland, Rembrandt, Della Reese, Mike Tyson, Meryl Street, Pearl Buck and Princess Diana. Gemini or Cancer HAPPY BIRTHDAY

### Special Club News

GFWC La Puente Valley Woman's Club celebrated their 100 years in May. The Mayor, SGVD Officers, Senator Rubio and Mrs. Kissinger the oldest Club member joined in the celebration.









# Asian Pacific American HERITAGE MONTH SPRING RECEPTION

Join us in celebration of Asian Pacific American Heritage Month!

Meet Cast's Board Members, staff, and supporters.

Light refreshments and appetizers will be provided.

Wednesday, May 31st, 2023

Doors Open 5:30 PM | Reception 6:00 PM

Women's Twentieth Century Club

5105 Hermosa Avenue, Los Angeles, CA 90041

### Guest Speakers



Ela Vallejo WTCC President



Jessica Caloza Board Member at Cast LA



Kay Buck CEO at Cast LA

RSVP: https://asianpacificamericanherit.rsvpify.com or by:

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### ALL AMERICAN

### Game Day

Friday, June 16, 2023 11 am to 2 pm \$15, per person



Before the games begin, we'll start off with an all American lunch of hot dogs and chili nachos with potato and macaroni salad and homemade cakes. RSVP by call or text Laura Santosat 626-261-9358 or email laurasantos3454@gmail.com, by Jun 10<sup>th</sup>. Monies raised will fund Conservation projects.

### Ice Cream Social

Friday, July 14, 2023 11 am to 2 pm



Includes a make your own Ice Cream Sundae Bar

You may bring your own lunch while we play a few games of Bingo and California Trivia for prizes! Bring a friend or two and make it a date! Walk ins are welcome! This event supports Student Programs.

### Island Breezes Summer Party

Saturday, September 9, 2023 4 to 7 pm \$30 per person, includes dinner & entertainment



Cruise with us to the Islands where breezes are cool and the entertainment is hot! To reserve seats, call or text by Sept 10th to Cruz Baca at 626-806-9583 or email cruzsembello@hotmail.com

### BALDWIN PARK WOMAN'S CLUB

### SUMMER 2023 EVENTS

All events are held at the clubhouse located at 3817 Baldwin Park Blvd

626-337-4192



### and Taco Bar

Friday, August 18, 2023
11 am to 2 pm
\$15 per person
includes Taco Bar and Bingo with prizes
\$10 Taco Bar only (Chicken & Beef)

We hope you'll join us for great food and a great time! Monies raised will fund Music Scholarships.

Please RSVP by Aug 14<sup>th</sup> by call or text to Cruz Baca at 626-806-9583 or email cruzsembello@hotmail.com.

Can't attend these fundraising events?
Consider a contribution to support our charities. Mail your donation/check to:
Baldwin Park Woman's Club
P.O. Box 263, Baldwin Park, CA 91706



# Come to an Afternoon Teal

## Hosted by the Duarte Woman's Club

You're invited to join us for an afternoon of tea, food, games, and fellowship. We will also have a silent auction of some interesting items. Feel free to wear your favorite hat.

RSVP by June 21, 2023 Call Ann Valleroy, Secretary at (626) 359-6549 When: Sunday, June 25, 2023

Time: 1:00 PM- 3:00 PM

Where: El Sueno Fellowship Hall

Westminster Gardens

1420 Santo Domingo Avenue

**Duarte, CA 91010** 

**Cost \$15** 

