San Gabriel Valley District Women's Club

The KEY • June 2025

From the President

Gina Morales • emwc.ginamorales@gmail.com

Hello SGVD!

You've heard me say it countless times, ***I Love Convention!*** Convention is not only the final celebration of our year, but it can also be the kickoff of a new year. I always enjoy attending and sometimes I walk away with some decent information, but this year? This year had a different energy. Members and leaders brought their A-game to San Jose. Workshops were buzzing and seats were filled. We listened, asked questions and took away plenty of information to bring back to our district and clubs. I believe all members should experience our state convention.

On top of CFWC is GFWC and next year's GFWC Convention is in Arizona! Let's all start saving to attend one or more of the following events: the Area B conference, CFWC Convention and/or GFWC Convention. Let's truly give them something to talk about, ***we are SGVD!***

I am revitalized, inspired and deeply committed to being the best clubwoman I can be. I encourage you to participate in this year's meetings or consider serving as a chairman to fully experience what our organization offers. Everyday is an opportunity to start or restart, your Women's Club adventure.



Ready for the next chapter,

Gina



1st VP Dean of Chairwomen

Denise Jackman • deniseljackman@gmail.com

What an amazing State Convention! I am so uplifted and renewed in Clubwoman Spirit!

I attended meetings, financial officers from the State CFWC board provided valuable information related to the positions held, and some great practice pointers. They are looking into options for an upcoming "checkless" world and upgrading their systems to make our lives easier. WE are looking forward to the new ideas that are coming soon. I also attended a President and 1 st VP meeting and learned about mentoring and how our district can benefit.

We were able to hear from the GFWC President Elect, Wendy Carriker who was so motivating and inspiring. She gave so much information at her keynote speech on Friday. She talked about the house in Washington DC, the history and some of the projects she is very fond of. I look forward to her time as President.

Our GFWC Convention next year will be in Arizona and I suggest you start putting those carpools together and getting those dollars saved for GFWC Convention. This convention is the big time and you meet so many people from so many clubs. Federation at GFWC level must be so amazing and when Clubwomen getting together it is so motivating!

SGVD made so many contacts for our district with some of us stepping up in our clubwomen lives to work with CFWC. We are on committees and working on representing our district in our best way we know how.

San Gabriel Valley District was well represented with five clubs in attendance. Our clubs represented well in awards. I cannot wait to announce them at our June general meeting!

We will be planning several events this summer, where we are going to equip you with so much information. We will be having a chairperson faire, a policy and procedure seminar where you come and review and draft procedure books for your club. We will be having financial tutorials and we will be equipping your club with the tools to grow your club.

As we enter the end of the District Year, please know that we are here for you to help you grow and achieve the goals you have for your club. We want to hear from you so that we can put together projects that help you. Drop us a line and let us know what you would like to see from your District in 2025-2026. We would love to hear from you!



Don't Forget to bring to the JUNE meeting:

- Club Information Form (formerly known as "Data Blank" with club check for membership
- A first timer!
- Club Officer's list (for SGVD Yearbook)

From the 2nd VP – Membership

Terri Cardenas • terri.cardenas48@gmail.com

Rodeo Round Up! We had a contest to see if we could add 118 NEW members to our roster! NEW members submitted from January 1 to April 30 were counted! If we hit our goal of 118 new members we will celebrate with a PIZZA Party at our June meeting! ***Did we make our goal?? Check our website soon……***



WE HAVE A NEW *FILLABLE* MEMBERSHIP FORM on our www.sgvd.org website under "resources". (it was also in the March Newsletter) Reminder: Please use the new form ***(link below)*** to submit your new memberships at the SGVD monthly meetings ***OR*** mail to Terri Cardenas at: 8845 Clarinda Ave., Pico Rivera, CA 90660

CFWC MEMBERSHIP FORM

From the Recording Secretary

Nancy Krueger • Recordingsecretarysgvd24@gmail.com





From the Corresponding Secretary

Rosette Clippinger • dbrosette@aol.com

We are working on our Yearbook updates this summer. We cannot get this done without your help. Please provide us with your updated election information and any changes to the yearbook you would like to make. We want to have the updates done by the September meeting and we cannot do this without your help. Please email the information on your club to Rosette Clippinger at dbrosette@aol.com Thank you for all of your help in this!

Please provide *6 copies* of your yearbook to the District at the September meeting. We need these so that we can provide them to your district officers.

Women's History & Resource Center

Claudia Maidenberg • c.maidenberg@verizon.net

We Successfully Sowed the Seeds--Young Girls are a part of Today's History in the Making.

Greta Thunberg

Greta Thunberg began her journey of supporting climate change and its impact just five years ago at the age of 16. She has been nominated for a Nobel Prize four years in a row. Greta came to international attention when she started skipping her Friday classes to campaign outside of the Swedish Parliament. Her simple sign said "School Strike for Climate". Greta has established a nonprofit foundation for her #FridaysForFuture campaign and has addressed heads of state on the issue of climate and environmental concerns.

Malala Yousafzai

Education is a key to equality. Leaders in countries know that to be a fact. Historians know that to be a fact. That is why there is such controversy over who is allow to get an education and what is included in that education. Malala lived in a country that limits the education of girls. Her father ran a girls school, but the Taliban moved in and shut it down. That did not stop Malala. She continued to pursue her education. This violation of what was "right" in the eyes of those in control led to her being shot in the face in 2012. Now living in the United Kingdom, Malala established the Malala Fund, a nonprofit focused on giving girls everywhere a chance at the future they deserve. She was awarded the Nobel Peace Prize in 2014.

Amanda Gorman

We don't expect a young girl to be given the opportunity do such divergent things as read her original poem "The Hill We Climb" at a presidential inauguration and to be the first poet to perform at a Super Bowl. We might expect a poem at a formal solemn event, but you really have to be something out of ordinary for football people to ask you to do your poetry at the Super Bowl. Amanda Gorman did both. She is a local Los Angeles girl who has been acclaimed in countries around the globe for her talent and work for racial and gender equality and literacy. Watch out world. Amanda just might be president of the United States someday.

Change that lasts comes from the bottom up and takes a very long time to evolve. When most of us finished high school only 10% of the population was expected to go on to further education. We broke that mold and pushed the boundaries. Our efforts have been a part of the bottom up and we have and are making a difference.

Our Clubs have members who as a group and as individuals have contributed to the evolution of equality for women. We have the time and the talent. Our participation in Federation leads to our growth in leadership skills and opportunities to work collaboratively. Let's feel good about our progress and keep up the work it takes for the ultimate--equality for all.

From LEADS

Do you have a new member who needs some amazing training? The SGVD LEADS candidates who have attended the LEADS training at State are going to do a mini-LEADS seminar. This seminar will give you a taste of the things you will learn at CFWC if you are selected to be the San Gabriel Valley District LEADS Nominee. Watch for coming announcements to get registered!



From the Parliamentarian

Cruz Baca ● cruzsembello@hotmail.com

Hello Everyone!! Hope everyone Is doing well. Can't believe we're around the corner from Summer. Time flies!!!

At our District meeting in May, I announced that I will be reaching out to "Parliamentarians" from each club in the District. I also want to urge you to contact me if you have any questions or concerns. Please keep your by-laws updated and ready to refer to when having meetings. This is very important when voting or making decisions that might affect your by-laws. But like I said, when in question contact me...I will try to help. Have a wonderful Summer!!

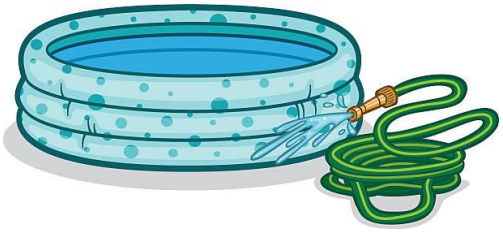
"A Woman is like a tea bag...you never know how strong she gets until she gets in hot water."

In Sisterhood, *Cruz Baca,* SGVD Parlimentarian

Committee Reports

Health & Wellness

Tina LaCarra ● lacarrads@aol.com



Summer is around the corner and that means hot weather is coming or maybe you are going to visit somewhere with hot weather. In any event a word or two concerning heat safety for both you and your pets.

- Make sure shade & cool water is available if you or your pets are outdoors.
- Limit strenous activities during the hottest part of the day, including walking or playing outside with your pet. Concrete & asphalt become very hot on your pet's paws.
- Stay hydrated. For outdoor pets, place a few water bowls around, making sure the sun will not heat up the water.
- Know the symptoms of heat exhaustion. For humans, sweating, headache, nausea & dizziness. Cool down by taking a cool shower & hydrate. For pets, heavy panting, drooling, lethargy, vomiting, or bloody diarrhea, can indicate heat stroke. Immediately cool down by applying cool water to their head and body & offering water.
- ***NEVER*** leave a child, elderly person or pet inside a vehicle in hot weather. Check the backseat. Don't forget to wear light-colored clothing, sunglasses & of course sunscreen.
- Cool idea: Purchase a kiddee pool, place it in the shade, invite a friend or your dog to join you as you relax in the lazy days of summer

Club News



La Puente Valley Woman's Club: (L to R): Recording Secretary Yvonne Goytia, 4th VP Rental Cidia Sainz, Treasurer Linda Arizaga, 3rd VP Ways & Means Nora Cepeda, 2nd VP Membership Elizabeth Luna, 1st VP/Dean Grace Castro, President Martha Rodriguez

BIRTHDAYS, CARE AND CONCERN • Mavis Hansen • 626-441-6231 • newmavis08@outlook.com

JUNE BIRTHDAYS



GEMINI: June 1 – 21 CANCER: June 22 – 30

GEMINI are very social. They enjoy adventure, excitement and change. Gemini are not rebellious, but do not like authority and would rather assert their own personality. With a lively intellect Gemini possess quick thinking and notice details. Gemini symbol is the Twin.

CANCER personalities are very private, often unusual and set apart from others. They have deep, emotional friendships which are of the utmost importance. They enjoy a quiet evening alone with special friends they feel comfortable with. Cancer symbol is the Crab.

FLOWERS for those born in June are the beautiful Rose and also Honeysuckle, both lovely to smell. They signify love, romance, gratitude and appreciation.

JUNE GEMSTONES are the Pearl, smooth and creamy. Moonstone, pale blue and cream and Alexandrite, with deep colors of purple, turquoise and amber.

SPECIAL DAYS IN JUNE are Flag & Fathers Day. Recently added are World Environment Day, World Oceans Day and Lesbian, Gay, Bisexual, Transgender, Queer & Intersex Pride month. The first day of summer is also in June.

CELEBRITIES with June Birthdays are: Queen Victoria, John Wayne, Anne Frank, Marilyn Monroe, Judy Garland, Rembrandt, Della Reese, Mike Tyson, Meryl Streep, Pearl Buck & Princess Diana.



JULY BIRTHDAYS

Cancer: June 22-30 • Leo: July 23-Aug 22

In July, the main zodiac signs are CANCER and LEO. CANCER is a water sign known for its nurturing and emotional nature and often seen as intuitive and sensitive. LEO is a fire sign known for its boldness and confidence and is characterized by being confident, courageous, and optimistic. They are also known for being outgoing, warm, and generous.

JULY GEMSTONE & FLOWERS: While the ruby is the most well-known, onyx is also traditionally associated with July. Additionally, carnelian, moonstone, and sapphire are sometimes considered alternative birthstones for July.

FLOWERS for July are the Larkspur (Delphinium) and the Water Lily.

SPECIAL DAYS in July include Independence Day on July 4.

CELEBRITIES with July birthdays, including Mick Jagger, Tom Cruise, Margot Robbie, Kevin Hart, Dan Aykroyd, Pamela Anderson, Tom Hanks, and Selena Gomez.



AUGUST BIRTHDAYS

Leo July 23-Aug 22 • Virgo Aug 23-Sept 22

In August, the zodiac signs are LEO and VIRGO. LEO is a fire sign known for its boldness and confidence and is characterized by being confident, courageous, and optimistic. They are also known for being outgoing, warm, and generous. VIRGO is an earth sign and are known for being analytical, practical, detail-oriented, and highly organized. They are also logical, systematic, and often have a strong sense of perfectionism.

AUGUST GEMSTONES & FLOWERS: are peridot, spinel, and sardonyx. The August birth flowers, the gladiolus and the poppy, are colorful, excellent cut flowers and share rich symbolism tied to remembrance.

NOTABLE VIRGOS: Zendaya, Beyoncé, Adam Sandler, Mother Teresa, Agatha Christie, Queen Elizabeth 1, Count Basie, Greta Garbo, Sean Connery, Rocky Marciano and Idris Elba.

HAPPY BIRTHDAY to JUNE, JULY & AUGUST MEMBERS!!

Viejas CASINO

Join us on a Turnaround
Saturday June 28, 2025

$30.00 Donation per person Deadline 6 -23-25

Seats are limited
First come
First seated
No refunds

Hosted by:
La Puente Valley Woman's Club 200 N. First Street La Puente, Ca. 91744
for the LPVWC Charities

Zelle :
lpvwc@yahoo.com
please note the event on Zelle

Departure Time
8:00 AM
Return Arrival Time: 7:pm

Meet up spot at 8:am
Community Center:
501 N. Glendora Ave. La Puente, CA 91744
Please don't be late
Lots of Fun, Games, Prizes, and a Goodie Bag

Any Questions please call
Anna (626) 522-3632 Martha 626- 512-1241

FREE SPINS

The GFWC Whittier Women's Club

presents the 32nd Annual

"Spirit of the Holidays"



Charity Auction and Luncheon

Sat. • Nov. 8 • 2025

10:00 AM – Silent Auction

12:00 Noon – Luncheon & Live Auction

to be held at:

The Elks Lodge

13620 Whittier Blvd. • Whittier • CA • 90605

Tickets: $50.00

RSVP by Saturday, October 25, 2025

If you wish, bring canned or non-perishable foods to benefit the needy in our community. You will be rewarded with a special drawing ticket.

To purchase reservations, contact a club member or either person listed below.
Payment can be made by check payable to WWC
P. O. Box 9075, Whittier CA 90608
Or Venmo at whittierwomensclub@gmail.com
Indicating names for the reservations

For more information/reservations please contact:
Floretta Sheppard 562-694-2724 or
Janice Zolnekoff 562-556-4000

June Holidays

Flag Day, celebrated on June 14, commemorates the adoption of the United States flag in 1777. This day is a time for Americans to reflect on the significance of the flag as a symbol of our nation. The flag's design, featuring thirteen stripes and fifty stars, represents the original thirteen colonies and the fifty states of the Union. Flag Day serves as a reminder of the values and principles that the flag embodies, and it encourages citizens to honor and respect this emblem of the nation's heritage.





Juneteenth, celebrated on June 19, commemorates the emancipation of enslaved African Americans in the United States. This significant day marks the moment in 1865 when Union soldiers arrived in Galveston, Texas, and announced the end of the Civil War and the freedom of all enslaved people, more than two years after the Emancipation Proclamation was issued. Juneteenth is a time for reflection, education, and celebration of African American culture and achievements. Communities across the country observe this day with events such as parades, festivals, and educational programs, honoring the resilience and contributions of African Americans throughout history. Juneteenth serves as a reminder of the ongoing struggle for equality and the importance of freedom and justice for all.

CALENDAR OF EVENTS

- June 6-9, 2025 - GFWC Convention Atlanta, Georgia
- June 13, 2025 - SGVD District Meeting, Covina Woman's Club
- August 28 – 30, 2025 – CFWC MEMBERSHIP WORKSHOPS *AREA B Hostesses
  - Ontario Airport Hotel, 700 North Haven Avenue, Ontario, CA 91764
    - Hotel Room Rate: $147; Meal Cost (3 Sessions): TBA
  - August 28th – Executive Committee Meetings (CFWC Officers)
  - August 29th – General Session; Luncheon Banquet; Area Meetings; Dinner Banquet
  - August 30th – Meetings; followed by General Session; Luncheon Banquet; Adjournment
- Sept. 11-14, 2025 - GFWC Western States Region Conference Long Beach, California
- Sept. 12. 2025 - SGVD District Meeting, Covina Woman's Club
- Sept. 27, 2025 - GFWC International Day of Service - End Domestic & Sexual Violence

SAN GABRIEL VALLEY DISTRICT CONTACT INFORMATION

Proud Member California Federation of Women's Clubs and General Federation of Women's Clubs

Mailing Address: SGVD • 1142 South Diamond Bar Blvd. #861 • Diamond Bar, Ca 91765

WWW.SGVD.ORG **WWW.CFWC.ORG** **WWW.GFWC.ORG**

Facebook Group— GFWC-San Gabriel Valley District

Return to Key Editor:
JANICE ZOLNEKOFF
14450 HAYWARD ST
WHITTIER, CA 90603

ADDRESS CORRECTION REQUESTED - TIMELY MAIL PLEASE RUSH

2024 – 2026